CENTRAL BHARAT SEVAK SAMAJ

NATIONAL DEVELOPMENT AGENCY, ESTABLISHED IN 1952 BY PLANNING COMMISSION, GOVT. OF INDIA

CENTRAL BOARD OF EXAMINATIONS

BSS NATIONAL VOCATIONAL EDUCATION MISSION

BS016-BSS POST DIPLOMA IN COSMETOLOGY AND BEAUTY PARLOUR MANAGEME

ONE YEAR EXAMINATION NOVEMBER-2025

BS016-01 COSMETOLOGY AND BEAUTY THERAPY

TIME: 3 Hours **Marks: 100**

INSTRUCTIONS

* 43 questions are there in total
* Write answers to each question in proportion to the mark allotted
* During the first 15 minutes read the questions carefully

I. FILL IN THE BLANKS - ANSWER FOR ANY 10 QUESTIONS **1 x 10 = 10**

1) The _____ bone protects the brain.

2) The exchange of oxygen and carbon dioxide takes place in tiny air sacs called _____

3) Largest artery in the human body is the _____

4) The _____ are small structures that filter lymph and fight infections

5) Primary organ responsible for filtering waste from the blood is the _____

6) The _____ gland is known as the "master gland" of the endocrine system.

7) Hormone responsible for regulating blood sugar levels is _____

8) _____ is the outermost layer of the skin.

9) Crossing over occurs during _____ in meiosis.

10) _____ tissue is composed of neurons and glial cells

11) Galvanic electrode preparation includes disinfecting the electrode with _____ before and after use.

12) Pregnant women and individuals with _____ should avoid galvanic facials.

13) Whiteheads are also known as _____ because they are closed at the surface.

14) Hair loss, also known as _____ can be due to genetics, stress, or medical conditions.

15) Setting powders help in controlling _____ and keeping makeup in place.

II. DEFINE THE FOLLOWING - ANSWER FOR ANY 10 QUESTIONS **2 x 10 = 20**

1) The three types of muscles in the human body?
2) Define respiration?
3) Define the cardiovascular system?
4) Define the lymphatic system?
5) What is the function of hormones in the body?
6) What are the main components of the integumentary system?
7) What are the five primary sense organs in the human body?
8) Define desincrustation?
9) What is iontophoresis?
10) What are the key benefits of ultrasonic facials?
11) What is pediculosis, and how does it spread?
12) Define pro palettes?
13) Define bronzer and its role?
14) Eyeshadows, and what are their different types?
15) Define phagocytosis?

III. WRITE BRIEF ANSWER FOR ANY 5 QUESTIONS **5 x 5 = 25**

1) What is muscle contraction? Explain its process?
2) What an ultrasonic facial is and how it differs from other facial treatments?
3) Write a short note on ultrasonic facials and their purpose?
4) The working principle of ultrasonic therapy?
5) Function of neurons and neuroglia?
6) The process of meiosis and its importance?
7) The hair growth cycle?
8) Which is use in treating acne, sunburns, and skin irritation? Explain how to apply

IV. WRITE LONG ANSWER FOR ANY 3 QUESTIONS **15 x 3 = 45**

1) Explain the difference between lymph and blood?
2) Discuss the importance of the pituitary gland?
3) Describe the differences between prokaryotic and eukaryotic cells?
4) Discuss the process of iontophoresis and how it helps in the penetration of active ingredients?
5) Explain the different types of products used in galvanic treatments?

CENTRAL BHARAT SEVAK SAMAJ

NATIONAL DEVELOPMENT AGENCY, ESTABLISHED IN 1952 BY PLANNING COMMISSION, GOVT. OF INDIA

CENTRAL BOARD OF EXAMINATIONS

BSS NATIONAL VOCATIONAL EDUCATION MISSION

BS016-BSS POST DIPLOMA IN COSMETOLOGY AND BEAUTY PARLOUR MANAGEME

ONE YEAR EXAMINATION NOVEMBER-2025

BS016-02 ADVANCE SKIN & HAIR CARE TREATMENT

TIME: 3 Hours **Marks: 100**

INSTRUCTIONS

* 43 questions are there in total
* Write answers to each question in proportion to the mark allotted
* During the first 15 minutes read the questions carefully

I. FILL IN THE BLANKS - ANSWER FOR ANY 10 QUESTIONS **1 x 10 = 10**

1) Outermost layer of the skin is called the _____
2) The skin consists of _____ main layers.
3) Sterilization is the process of completely destroying _____ from surfaces and tools.
4) Retinoids and salicylic acid are commonly used in _____ treatments.
5) Vitamin C and Niacinamide are widely used in _____ treatments for an even skin tone.
6) Facial sponges, cotton pads, and towels should be placed on the trolley for _____
7) Exfoliation helps in removing _____ from the skin.
8) The _____ is the innermost layer of the hair and helps to provide flexibility.
9) Before performing a hair treatment, it is essential to conduct a _____ to understand the client's hair type.
10) A patch test should be done to check for _____ reactions to hair products or treatments.
11) Analyzing the _____ and _____ of the hair is essential to selecting the right treatment or product.
12) Scalp massage helps to stimulate _____ which promotes hair growth.
13) The best aftercare advice for a hair spa is to avoid using _____ for at least 24 hours.
14) Steam is used in facials to open _____ and remove impurities.
15) Hydrating facials are best suited for _____ skin types.

II. DEFINE THE FOLLOWING - ANSWER FOR ANY 10 QUESTIONS **2 x 10 = 20**

1) The importance of the skin in vitamin D synthesis?
2) Sanitization, and how is it different from sterilization?
3) Define the Woods lamp and its purpose in skin analysis?
4) The purpose of a high-frequency machine in facial treatments?
5) What is the purpose of a well-organized treatment trolley?
6) The client preparation process for skin treatment ?
7) What is the role of regular skin treatments?
8) The three main parts of a hair strand?
9) Define keratin?
10) Define the importance of hair analysis before a treatment?
11) Effleurage massage technique?
12) Friction massage?
13) The benefits of scalp massage?
14) The contraindications of scalp massage?
15) The importance of product selection in a hair spa?

III. WRITE BRIEF ANSWER FOR ANY 5 QUESTIONS **5 x 5 = 25**

1) Mention facial machines safety precautions?
2) The role of sequential steps (cleansing, exfoliation, extraction, mask, and moisturization) in a skin treatment procedure?
3) Discuss the galvanic machine helps in product penetration and deep cleansing?
4) Explain the essential items included in a trolley setup?
5) Explain the different skin types and analysis determines treatment selection?
6) Factors contributing to hair loss (genetic, hormonal, environmental, medical conditions)?
7) Explain the importance of choosing hairstyles based on face shapes ?
8) The procedure of scalp massage?

IV. WRITE LONG ANSWER FOR ANY 3 QUESTIONS **15 x 3 = 45**

1) Explain the purpose of machines like vacuum, spray, steamer, ozone, magnifying lamp, and Woods lamp?
2) Discuss how each treatment works, its purpose, and the common ingredients or techniques used?
3) Explain the step-by-step process, including cleansing, exfoliation, extraction, masking, and hydration?
4) Explain the structure of hair and its components?
5) Describe the role of each layer in hair health and function?

CENTRAL BHARAT SEVAK SAMAJ

NATIONAL DEVELOPMENT AGENCY, ESTABLISHED IN 1952 BY PLANNING COMMISSION, GOVT. OF INDIA

CENTRAL BOARD OF EXAMINATIONS

BSS NATIONAL VOCATIONAL EDUCATION MISSION

BS016-BSS POST DIPLOMA IN COSMETOLOGY AND BEAUTY PARLOUR MANAGEME

ONE YEAR EXAMINATION NOVEMBER-2025

BS016-03 PEDICURE AND MANICURE

TIME: 3 Hours **Marks: 100**

INSTRUCTIONS

* 43 questions are there in total
* Write answers to each question in proportion to the mark allotted
* During the first 15 minutes read the questions carefully

I. FILL IN THE BLANKS - ANSWER FOR ANY 10 QUESTIONS **1 x 10 = 10**

1) Gel polish requires curing under a _____ light.

2) A _____ brush is commonly used for applying acrylic.

3) If a nail is soft and flexible, it may indicate a lack of _____

4) Proper _____ is essential to avoid inhaling harmful fumes from nail products.

5) Disposable items like nail buffers and files should be discarded after _____ use.

6) Sanitization reduces _____ but does not kill all bacteria and viruses.

7) Proper sanitization is important for both client safety and _____ protection.

8) Expired nail products should be disposed of following _____ guidelines.

9) Disposable gloves should be removed and thrown away _____ each client.

10) Contaminated waste should be disposed of in a _____ bin.

11) A proper client consultation helps in identifying _____ before starting the treatment.

12) A manicure involves shaping, buffing, and _____ the nails.

13) A base coat helps in preventing _____ from nail polish.

14) Sharp tools should be stored in a _____ to prevent accidents.

15) Regular foot massages can prevent _____ in the joints.

II. DEFINE THE FOLLOWING - ANSWER FOR ANY 10 QUESTIONS **2 x 10 = 20**

1) Define a soak-off bowl?
2) What is onychomycosis?
3) Define nail psoriasis?
4) Difference between round and squoval nails?
5) Function of the onychodermal band?
6) Purpose of sanitization in a nail salon?
7) What is the first step in sanitizing nail tools?
8) What is the main purpose of disinfection in a nail salon?
9) Define sterilization?
10) Define biohazard waste?
11) Define non-hazardous waste?
12) What is the importance of wearing gloves during nail services?
13) Effleurage massage?
14) What is the purpose of a top coat in nail polish application?
15) What is used to sanitize hands before a nail service?

III. WRITE BRIEF ANSWER FOR ANY 5 QUESTIONS **5 x 5 = 25**

1) The different types of nail products used in professional nail care and their functions?
2) The importance of proper nail shaping and filling techniques for maintaining healthy nails?
3) Discuss the functions and uses of various nail care tools?
4) Explain different contraindications and they affect the choice of nail treatments?
5) The importance of following hygiene regulations and protocols ?
6) Structure of the client's nails, including key components and their functions?
7) Safety measures a nail technician should take to prevent infections and allergic reactions during a manicure?
8) Structure of a client's nails and how it affects pedicure treatments?

IV. WRITE LONG ANSWER FOR ANY 3 QUESTIONS **15 x 3 = 45**

1) Describe the various tools and equipment used in nail treatments and their proper usage?
2) Discuss common contraindications in nail care and why it is important ?
3) Describe to handle and store manicure tools to maintain hygiene and prevent contamination?
4) Explain how improper personal presentation can affect a nail technician's professionalism and client trust?
5) Discuss the role of sanitization, disinfection, and sterilization in maintaining a clean work environment in a nail salon?

CENTRAL BHARAT SEVAK SAMAJ

NATIONAL DEVELOPMENT AGENCY, ESTABLISHED IN 1952 BY PLANNING COMMISSION, GOVT. OF INDIA

CENTRAL BOARD OF EXAMINATIONS

BSS NATIONAL VOCATIONAL EDUCATION MISSION

BS016-BSS POST DIPLOMA IN COSMETOLOGY AND BEAUTY PARLOUR MANAGEME

ONE YEAR EXAMINATION NOVEMBER-2025

BS016-04 ADVANCE MAKEUP AND HAIR STYLE

TIME: 3 Hours **Marks: 100**

INSTRUCTIONS

* 43 questions are there in total
* Write answers to each question in proportion to the mark allotted
* During the first 15 minutes read the questions carefully

I. FILL IN THE BLANKS - ANSWER FOR ANY 10 QUESTIONS **1 x 10 = 10**

1) A kabuki brush is best suited for applying _____ foundation.

2) Different sponges are available, including beauty blenders and _____

3) A lip brush helps in precise _____ application.

4) Unlike traditional makeup, HD makeup does not create a _____ effect on the skin.

5) A long-lasting setting spray is essential for maintaining the makeup during the _____

6) Highlighter is applied to the _____ to enhance the shimmer.

7) Individual lashes give a more _____ look compared to strip lashes.

8) False eyelashes should be removed carefully using an _____

9) False hair is often used to add _____ or length to natural hair.

10) To maintain curls for a longer time, hairstylists use _____ before and after curling.

11) Razor cutting is often used to create a _____ and textured finish.

12) Slicing is done by holding the scissors at an angle and _____ through the hair.

13) After rebonding, it is recommended to avoid washing hair for at least _____ hours.

14) A heat protectant is applied before using heat tools to prevent hair _____

15) Holding the iron at the correct _____ ensures even straightening.

II. DEFINE THE FOLLOWING - ANSWER FOR ANY 10 QUESTIONS **2 x 10 = 20**

1) Assessing skin type before applying makeup?
2) Why facial cleansing is necessary before applying makeup?
3) Define the correct method for cleaning makeup brushes?
4) The significance of separating clean and used tools in a trolley?
5) Define glossy makeup?
6) How is ramp makeup different from everyday makeup?
7) What is the purpose of draping a saree or dupatta?
8) Define smoky eyes?
9) What is tweezing?
10) Define the key materials required for threading?
11) Define open hair styles?
12) Define gajra and its role in traditional hairstyles?
13) Define velcro rollers and their role in hairstyling?
14) The purpose of a heat protectant?
15) The effects of excessive heat on hair health?

III. WRITE BRIEF ANSWER FOR ANY 5 QUESTIONS **5 x 5 = 25**

1) Expiry dates and product shelf life?
2) Suitable hair types for layered cuts?
3) Difference between 45° and 90° cutting angles?
4) How to apply heat protectant properly?
5) Ideal heat settings for different hair types?
6) Holding the iron correctly?
7) Ironing each section evenly for best results?
8) Setting gels, sprays, and serums for hold and shine?

IV. WRITE LONG ANSWER FOR ANY 3 QUESTIONS **15 x 3 = 45**

1) Describe the process and benefits of cleansing, toning, and moisturizing before applying makeup?
2) Describe camouflage makeup and its role in covering skin imperfections?
3) Describe the chemical hair relaxation process and the difference between lye and no-lye relaxers?
4) Describe the importance of hair elasticity and porosity tests before chemical treatments?
5) Describe the effects of excessive heat on hair and how to prevent heat damage?

CENTRAL BHARAT SEVAK SAMAJ

NATIONAL DEVELOPMENT AGENCY, ESTABLISHED IN 1952 BY PLANNING COMMISSION, GOVT. OF INDIA

CENTRAL BOARD OF EXAMINATIONS

BSS NATIONAL VOCATIONAL EDUCATION MISSION

BS016-BSS POST DIPLOMA IN COSMETOLOGY AND BEAUTY PARLOUR MANAGEME

ONE YEAR EXAMINATION NOVEMBER-2025

BS016-05 PARLOUR MANAGEMENT SYSTEM

TIME: 3 Hours **Marks: 100**

INSTRUCTIONS

* 43 questions are there in total
* Write answers to each question in proportion to the mark allotted
* During the first 15 minutes read the questions carefully

I. FILL IN THE BLANKS - ANSWER FOR ANY 10 QUESTIONS **1 x 10 = 10**

1) Henri Fayol proposed _____ principles of management, which are still widely followed today.
2) A _____ structure in an organization follows a clear hierarchy with direct lines of authority.
3) The relationship between line and staff positions helps in balancing _____ and advisory roles.
4) The process of selecting the right candidate for a job is known as _____
5) Performance appraisal is the systematic evaluation of an employee's _____ and productivity.
6) Motivation is the process of stimulating people to take _____ action to achieve goals.
7) _____ theory of motivation is based on a hierarchy of needs.
8) Leadership is the ability to influence and guide individuals or groups toward achieving _____
9) The main function of a leader is to provide _____ and direction to employees.
10) Democratic, autocratic, and _____ are three common leadership styles.
11) Materials management is the process of planning, organizing, and _____ the flow of materials in an organization.
12) The main objective of materials management is to ensure the right material is available at the right time, in the right _____ and at the right cost.
13) One of the key advantages of materials management is reducing _____ while maintaining efficiency.
14) Proper management of interfaces in materials management helps in improving overall _____ performance.
15) The head of materials management is responsible for overseeing _____ storage, and distribution of materials.

II. DEFINE THE FOLLOWING - ANSWER FOR ANY 10 QUESTIONS **2 x 10 = 20**

1) Define organizing as a function of management?
2) Importance of planning in management?
3) Two main types of forecasting techniques?
4) Define the rational decision-making model?
5) What is the first step in the decision-making process?
6) What is the importance of organizing in an organization?
7) Need for manpower planning in an organization?
8) Define directing in management?
9) Define motivation in management?
10) Different types of communication?
11) Role of materials flow in supply chain management?
12) Inventory Control Techniques?
13) Logistics and Transportation Management?
14) Demand Forecasting and Supplier Coordination?
15) Improving Efficiency in Production?

III. WRITE BRIEF ANSWER FOR ANY 5 QUESTIONS **5 x 5 = 25**

1) Four Principles of Scientific Management?
2) Importance of Knowledge Workers?
3) Implementing the Plan?
4) Centralization & Decentralization?
5) Elements of Directing (Leadership, Motivation, Communication, Supervision)?
6) Objectives of Supply – Production and Distribution System?
7) Role and Management of Flow of Material in Supply Chain Management?
8) Difference between internal and external interfaces of materials management?

IV. WRITE LONG ANSWER FOR ANY 3 QUESTIONS **15 x 3 = 45**

1) Discuss the line and staff relationship in an organization?
2) Write a short note on the nature and scope of staffing?
3) Describe the nature and characteristics of the controlling function?
4) Discuss the role of internal interfaces in ensuring efficient materials management?
5) Explain the organizational structure for materials management in an organization