CENTRAL BHARAT SEVAK SAMAJ

NATIONAL DEVELOPMENT AGENCY, ESTABLISHED IN 1952 BY PLANNING COMMISSION, GOVT. OF INDIA

CENTRAL BOARD OF EXAMINATIONS

BSS NATIONAL VOCATIONAL EDUCATION MISSION

AYS018-CERTIFICATE IN AYURVEDA & PANCHAKARMA

SIX MONTHS EXAMINATION NOVEMBER-2025

AYS018-01 COMMUNICATIVE ENGLISH AND COMPUTER FUNDAMENTALS

TIME: 3 Hours **Marks: 100**

INSTRUCTIONS

* 43 questions are there in total
* Write answers to each question in proportion to the mark allotted
* During the first 15 minutes read the questions carefully

I. FILL IN THE BLANKS - ANSWER FOR ANY 10 QUESTIONS **1 x 10 = 10**

1) Consonants are _____ in number

2) Let the door _____ opened

3) The sun _____ in the east.

4) It is cold today _____

5) website is group of _____

6) Paint has a _____ box

7) The expanded form of CPU is _____

8) Computer programs are also known as _____

9) Out look Express is a _____

10) Function keys are _____

11) Mega Byte is _____ KB

12) Pronouns are used instead of _____

13) Mouse is an _____ device.

14) He is running _____ the road.

15) www. means _____

II. DEFINE THE FOLLOWING - ANSWER FOR ANY 10 QUESTIONS **2 x 10 = 20**

1) Define what is demonstrative pronoun?
2) What is meant by verb?
3) What is meant by transitive verb?
4) Define kinds of Adverbs?
5) Verb
6) Windows
7) Subordinate clauses
8) Degrees of comparison
9) Del Command
10) Define Mouse
11) computer
12) Explain Header and Footer
13) Enter
14) Conjunction
15) Explain cut, copy and paste?

III. WRITE BRIEF ANSWER FOR ANY 5 QUESTIONS **5 x 5 = 25**

1) Explain few sentences using "shall, will"?
2) Explain few sentences using "behind, beneath"?
3) Define kinds of adjectives
4) Explain telephone ediquette?
5) Windows 98
6) Explain analog and hybrid computer
7) Write short notes on 'macro'
8) Define A, B, C in CPR?

IV. WRITE LONG ANSWER FOR ANY 3 QUESTIONS **15 x 3 = 45**

1) Write about the conversation to two person?
2) Explain structure of computer
3) Briefly explain storage unit
4) Describe the relevance of computerization in hospital field
5) Write briefly about MS Excel?

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SIX MONTHS EXAMINATION NOVEMBER-2025

AYS018-02 BASIC PRINCIPLES OF AYURVEDA

TIME: 3 Hours **Marks: 100**

INSTRUCTIONS

* 43 questions are there in total
* Write answers to each question in proportion to the mark allotted
* During the first 15 minutes read the questions carefully

I. FILL IN THE BLANKS - ANSWER FOR ANY 10 QUESTIONS **1 x 10 = 10**

1) Who is parampita of Ayurveda(source)?

2) From which veda Ayurveda taken?

3) Trisutra of Ayurveda?

4) What is Ayu and its synonyms?

5) The God of Ayurveda _____

6) No.of Dosha's in Ayurveda _____

7) No of Padachathushtaya in Ayurveda _____

8) Dhathu's are _____ in number

9) Bhootha's are _____ in number

10) Agni which is help in digestion is known as _____

11) The first dhathu is _____ and the last one is _____

12) Ayurveda has _____ Angas

13) Classical text of Ayurveda is _____

14) The word meaning of Ayurveda _____

15) Sour taste is known as _____ in Ayurveda

II. DEFINE THE FOLLOWING - ANSWER FOR ANY 10 QUESTIONS **2 x 10 = 20**

1) Who is father of medicine and surgery(accd.to ayurveda)?
2) Function of kapha.
3) What is oja?
4) Which vayu, pitta and kapha are responsible for pachan(digestion of food)?
5) What are sharirik and manasikdoshas?
6) Names of saptadhatus.
7) Name the divisions of pitta.
8) Anjolipraman of rasa and raktadhatu.
9) Gunas of vayu.
10) What is dosha and dhatu?
11) Name the branches of Ayurveda(astanga Ayurveda).
12) Black Gram
13) Rock Salt

III. WRITE BRIEF ANSWER FOR ANY 5 QUESTIONS **5 x 5 = 25**

1) Write sadharansthana of vata, pitta and kapha(accd.to sushrut) & mention predominance of doshas accd.to age.
2) Make a chart of dosha in relation to panchabhoutikutpatti.
3) Gunas of pitta and kapha.
4) Mention the divisions of vatadosha and kaphadosha.
5) Qualities of an Ideal Therapist?
6) Ashtangas of Ayurveda?
7) Pada Chathushtaya
8) Explain Karma's in Ayurveda with examples?

IV. WRITE LONG ANSWER FOR ANY 3 QUESTIONS **15 x 3 = 45**

1) Describe Agni - jathar, bhuta and dhatwa.
2) Write what you know about - medadhatu, sukradhatu and majjadhatu.
3) Write short notes on - Pranvayu, Sadhak pitta and Avalambakkapha.
4) Write chronological origin of Ayurveda(accd.to charak).
5) Give a chart on salient features of Ayurveda.

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AYS018-03 PANCHAKARMA

TIME: 3 Hours **Marks: 100**

INSTRUCTIONS

* 43 questions are there in total
* Write answers to each question in proportion to the mark allotted
* During the first 15 minutes read the questions carefully

I. FILL IN THE BLANKS - ANSWER FOR ANY 10 QUESTIONS **1 x 10 = 10**

1) What is dipan and pachan?

2) What is panchakarma?

3) Necessity of snehan therapy?

4) Write the number of uttamvega in vamana?

5) Virechana karma is done for elimination of _____ dosha.

6) Write down the number of karma vasti?

7) What is avapidanasya?

8) Doses of avapidanasya.

9) What do you by raktamokshan?

10) Number of niragnisweda.

11) Doses of niruhavasti in case of adult

12) Vaman karma is confirmed after elimination of _____ dosha.

II. DEFINE THE FOLLOWING - ANSWER FOR ANY 10 QUESTIONS **2 x 10 = 20**

1) What is paschat karma and its nessecity?
2) Types of vasti according to the basis of sankha?
3) What do you mean by samsodhan?
4) What do you mean by santarpan and apatarpan?
5) What is sadavidhaupakrama?
6) Types of raktamokshan.
7) Samyogalakshan of snehan.
8) What do you mean by niruha and anuvasanvasti?
9) What is drava and ushmasweda?
10) Types of nasya karma

III. WRITE BRIEF ANSWER FOR ANY 5 QUESTIONS **5 x 5 = 25**

1) Short note on ShastikSaliPindaSweda
2) Indication and contraindication of snehapana.
3) Types of vasti.
4) Short note about shirodhara.
5) Short note about gandusa and kaval.
6) Indication of vaman.

IV. WRITE LONG ANSWER FOR ANY 3 QUESTIONS **15 x 3 = 45**

1) Mention procedure of niruhavasti.
2) Types of swedan.
3) Samyogalakshan of virechan.
4) Indication and contraindication of virechan.
5) Write down the procedure of snehapana.