CENTRAL BHARAT SEVAK SAMAJ

NATIONAL DEVELOPMENT AGENCY, ESTABLISHED IN 1952 BY PLANNING COMMISSION, GOVT. OF INDIA

CENTRAL BOARD OF EXAMINATIONS

BSS NATIONAL VOCATIONAL EDUCATION MISSION

ACS035-BSS ADVANCED DIPLOMA IN ACUPUNCTURE THERAPY

ONE YEAR EXAMINATION NOVEMBER-2025

ACS035-01 BASIC ACUPUNCTURE

TIME: 3 Hours **Marks: 100**

INSTRUCTIONS

* 43 questions are there in total
* Write answers to each question in proportion to the mark allotted
* During the first 15 minutes read the questions carefully

I. FILL IN THE BLANKS - ANSWER FOR ANY 10 QUESTIONS **1 x 10 = 10**

1) _____is the use of P6

2) _____ is the sense organ of kidney

3) Yin and Yang always should be _____

4) The weight of pitutary hormone_____

5) Find the front of the head and neck, face and special sense organ points _____

6) _____channels having more points than the other channels

7) The Chinese energy exercise is called_____

8) _____ points in urinary bladder?

9) _____ is the use of seven star needle?

10) Peptides act up on _____

11) The distance between umbilicus to pubic symphysis is_____

12) The Xi-Cleft point of the stomach channel is_____

13) The LI 6 is_____

14) GB 30 is crossing point of the following meridians_____

15) _____ important structure is related with LI 18?

II. DEFINE THE FOLLOWING - ANSWER FOR ANY 10 QUESTIONS **2 x 10 = 20**

1) Define analgesic effect?
2) Write short notes on seven star Needle?
3) What are the methods in diagnosis?
4) Write about Du meridian, location and its uses?
5) Write the fire elements with their related organs?
6) What is the use of emergency points?
7) Horse channels?
8) Register of pain?
9) What is Qi and how does it travel?
10) How many treatments will I need?
11) How should I prepare?
12) What type of schooling do acupuncturists get?
13) What is Tui Na?
14) Why does skin sag?
15) What causes hypertension?

III. WRITE BRIEF ANSWER FOR ANY 5 QUESTIONS **5 x 5 = 25**

1) Parkinsonism?
2) Methods of needling?
3) Asthama?
4) In what situation Acupuncture treatment should be avoided?
5) Draw the following points with anatomical location 1.SP6, 2.SJ5, 3.GB8, 4.DU14, 5.GB34?
6) Write the history of Acupuncture in India and China?
7) Winstroke and treatment?
8) What in the world is Wei Qi?

IV. WRITE LONG ANSWER FOR ANY 3 QUESTIONS **15 x 3 = 45**

1) Explain briefly about circulatory system? and describe about diseases of heart with example?
2) Write the name of 12 Pained Meridians, Abreviation Polarity and Maximum flow of energy?
3) Write the history of Acupuncture in India and China?
4) Draw the organ clock theory with their horaey timing and points?
5) Explain Acupuncture & Fibromyalgia?

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ACS035-BSS ADVANCED DIPLOMA IN ACUPUNCTURE THERAPY

ONE YEAR EXAMINATION NOVEMBER-2025

ACS035-02 ANATOMY PHYSIOLOGY

TIME: 3 Hours **Marks: 100**

INSTRUCTIONS

* 43 questions are there in total
* Write answers to each question in proportion to the mark allotted
* During the first 15 minutes read the questions carefully

I. FILL IN THE BLANKS - ANSWER FOR ANY 10 QUESTIONS **1 x 10 = 10**

1) _____for the acupuncturists/TCM practitioners, chiropractors and other professionals who completed the survey were very similar (52, IQR46–58).
2) _____ assigns literal meaning to statements
3) Positivity helps the _____ response
4) _____viewed as important included ability to relax, exercise and diet.
5) Surveys may produce more informative results if _____in length and complexity.
6) _____ pulse diagnosis has been used in traditional Asian medicine for a long time
7) _____was improved in 14 eyes of 13 patients (15.9%) within both complementary methods
8) The diopters of the right (OD) and left (OS) eye were evaluated before and after the _____ by a blinded assessor
9) _____ is drawn to a treatment with acupuncture
10) Nasal cavity can be separated by _____
11) Zang, fu means _____
12) Physiology is different from _____
13) _____ organ helps in digestion.
14) Normal blood pressure of human body is _____mm/hg
15) Total number of bones in the human body is _____

II. DEFINE THE FOLLOWING - ANSWER FOR ANY 10 QUESTIONS **2 x 10 = 20**

1) What is the placebo effect?
2) Define Sleepiness?
3) Define Acupuncture needles?
4) Define Insertion?
5) Define The anti-nociceptive effect?
6) Define Stone probe?
7) Define Veterinary acupuncture?
8) Write notes on The acupuncture points st36 (zusanli) and st37 (shangjuxu) ?
9) Define External energy?
10) What are 3 parts of small intestine ?
11) Define Triple energiser (te)?
12) Define Blood and lymphatic system?
13) What are Root words for colours ?
14) What are Root words for size, quality ?
15) What are Root words for positon ?

III. WRITE BRIEF ANSWER FOR ANY 5 QUESTIONS **5 x 5 = 25**

1) Write detail about Treatment Methods in acupuncture ?
2) Write the locations of heart and spleen with draw diagrams?
3) Give the notes on – medical term?
4) Draw a neat diagram of brain and spinal cord and mention its parts?
5) Define cells and tissue. Draw a neat diagram and mention its parts?
6) Explain Flow of engery in organs is physiology ?
7) Explain Acupunture physiology?
8) Write Functionalites of Earth Elements ?

IV. WRITE LONG ANSWER FOR ANY 3 QUESTIONS **15 x 3 = 45**

1) Briefly about Nonspeci?c Feelings Expected and Experienced during or Immediately after Electroacupuncture?
2) Write the functions at the wood element?
3) Write the functions of the Water element?
4) Define excretory system. Draw a neat diagram of kidney and explain the parts and functions of excretory system?
5) Briefly explain the functions of the skin and tongue?

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ACS035-BSS ADVANCED DIPLOMA IN ACUPUNCTURE THERAPY

ONE YEAR EXAMINATION NOVEMBER-2025

ACS035-03 CLINICAL ACUPUNCTURE

TIME: 3 Hours **Marks: 100**

INSTRUCTIONS

* 43 questions are there in total
* Write answers to each question in proportion to the mark allotted
* During the first 15 minutes read the questions carefully

I. FILL IN THE BLANKS - ANSWER FOR ANY 10 QUESTIONS **1 x 10 = 10**

1) Needles may be heated during the treatment or _____ may be applied to them.

2) _____ of the needle can cause pain during treatment. Needles must be sterilized to prevent infection.

3) _____ has multiple functions.

4) _____makes many of the chemicals required by the body to function normally, it breaks down and detoxifies substances in the body, and it also acts as a storage unit

5) ALT (SGPT) is, by contrast, normally found _____in the liver.

6) _____ High blood pressure can run in families, so if you have a family history of hypertension, you may be more likely to develop it.

7) Systolic blood pressure (the above number in a blood pressure reading) measures the pressure in your blood vessels when your _____

8) Stimulation by acupuncture may also activate the _____ and the _____ resulting in a broad spectrum of systemic effects.

9) _____ is used instead of standard medical treatment.

10) _____ placing hands lightly on or just above the person with the goal of guiding energy to help a person's own healing response

11) Kidney problems occur when your kidneys lose the ability to sufficiently _____ from your blood

12) The _____works via chemical messengers (hormones) that are secreted directly into the circulatory system to regulate target organ function.

13) _____ that results when a gland produces too much or too little of an endocrine hormone, called a hormone imbalance.

14) From a scientific perspective, acupuncture shifts and moves energy, while stimulating blood flow and increasing _____

15) A healthy diet will keep the brain and the body functioning properly, while reducing the risk of developing a serious _____.

II. DEFINE THE FOLLOWING - ANSWER FOR ANY 10 QUESTIONS **2 x 10 = 20**

1) Edema?
2) Physical examination the cardiovascular system?
3) Rheumatic fever?
4) Cardiac pulmonale?
5) Cardiomyopathies?
6) Disorders of the respiratory system?
7) Bronchial Asthma?
8) Incontinence and bladder pain?
9) Acidosis and alkalosis?
10) Disorders of absorption?
11) Enlargement of lymph nodes and spleen?
12) Immune system?
13) Amyloidosis?
14) Diseases of the thyroid?
15) Bone metabolism?

III. WRITE BRIEF ANSWER FOR ANY 5 QUESTIONS **5 x 5 = 25**

1) Alteration in circulatory and Respiratory function?
2) Disorders of the heart?
3) Diagnosis and approach to the patient with disease of the respiratory system?
4) Approach to the patient with gastrointestinal disease?
5) Liver and Biliary tract disease?
6) Disease of the gallbladder and the bile ducts?
7) Neuroendocrine Regulation and diseases of the anterior pituitary?
8) Disorders of intermediary metabolism?

IV. WRITE LONG ANSWER FOR ANY 3 QUESTIONS **15 x 3 = 45**

1) Discuss Diagnosis and approach to the patient with heart disease?
2) Explain Alterations in Urinary functions and Electrolytes; cardinal manifestations of the renal disease?
3) Describe Alterations In The Urogienital Tract?
4) Explain The patient with dermatological diseases?
5) Types of Headache and justify your acupuncture, Varma for Migraine?

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ONE YEAR EXAMINATION NOVEMBER-2025

ACS035-04 CLASSICAL ACUPUNCTURE

TIME: 3 Hours **Marks: 100**

INSTRUCTIONS

* 43 questions are there in total
* Write answers to each question in proportion to the mark allotted
* During the first 15 minutes read the questions carefully

I. FILL IN THE BLANKS - ANSWER FOR ANY 10 QUESTIONS **1 x 10 = 10**

1) _____ is one of the confluents point

2) Yin Organs are _____ Yang Organs are _____

3) Organ Clock timing of Lungs is _____

4) Water Elements are _____ and _____

5) Li-10 is a _____ point

6) Organ Clock time for pericardium is _____

7) Total number of acupuncture points in lung is _____

8) LI4 is a _____point.

9) A single acupuncture point is not commonly thought of as an empirical way to influence a _____ pattern.

10) _____ is used world-wide both as a primary and complementary form of medicine

11) _____ Located on the back side of the hand between the thumb and first finger, this point activates the immune system and helps pain, especially in the face.

12) Many of the points located on the _____ can treat a variety of conditions.

13) BL15 – Treats all _____, including blood and circulatory problems. It is the main point for all emotional issues related to the heart, such as palpitations, anxiety, fear, stress and poor memory.

14) The acupuncture points are mapped to _____ channels.

15) One meridian channel relates to each of the _____ organs.

II. DEFINE THE FOLLOWING - ANSWER FOR ANY 10 QUESTIONS **2 x 10 = 20**

1) What is an Extra point, list any 5?
2) Explain the functions of Liver and Gall Blader?
3) What are the other treatment system based on Acupuncture?
4) What are the uses of Analgesic points uses?
5) Mention two influential points?
6) Mention any two Leo connecting points?
7) What are sensations?
8) What is Acupuncture?
9) What is Acu-Touch ?
10) Name the four points 0.5 lateral to DU 20?
11) How many points are here in UB channel?
12) Define Needle angles?
13) Define Kidney Channel KI3?
14) What are The 12 major meridians of the body?
15) How does acupuncture needling actually relieve pain?

III. WRITE BRIEF ANSWER FOR ANY 5 QUESTIONS **5 x 5 = 25**

1) Draw a neat tabular column of 14 meridians mentioning its channels, symbols and total number of acupuncture points?
2) Draw a neat diagram to show the pathways Explain and mention the yuan source point briefly?
3) Write the internal organs and its corresponding elements?
4) Explain about Dangerous points with Examples?
5) Write all the emergency points and their uses?
6) What are Extra meridians and explain with examples?
7) Five Shu Points Theory and Applications?
8) pro-opiamelanocortin series?

IV. WRITE LONG ANSWER FOR ANY 3 QUESTIONS **15 x 3 = 45**

1) Explain Yin-Yang theory in detail?
2) Define Large intestine channel. Draw a neat diagram and locate five element points of Large Intestine?
3) Draw EX28 neatly and write their uses?
4) What changed from Age of Sigmar 2.0?explain ?
5) Describe The procedure for tonification needle technique?